

**Vermont Board of Allied Mental Health Practitioners  
Disclosure Requirement  
Non-licensed and Non-certified Psychotherapists**

**CHRISTINE PAYNE**

**Qualifications and Experience**

(See attached pages)

**Information concerning unprofessional conduct for this profession attached**

**CLIENT'S DISCLOSURE CONFIRMATION**

My signature acknowledges that I have been given the professional qualifications and experience of **Christine Payne**, a listing of actions that constitutes unprofessional conduct according to the Vermont Statutes, and method for making a consumer inquiry to filing a complaint with the Office of Professional Regulations.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Practitioner's Signature

\_\_\_\_\_  
Date

## **FORMAL EDUCATION**

Johnson State College, Johnson, VT  
Master of Arts in Counseling, 6/2005 - 5/2008.

University of Vermont, Burlington, VT  
Fifth Year Certificate in Education, 1980-1981.

University of Vermont, Burlington, VT  
Bachelor of Arts, Sociology. 1976-1980.

## **CREDENTIALS**

### **Psychotherapist**

State of Vermont roster of non-licensed psychotherapists  
12/1/2010-11/20/2012

## **TRAINING**

### **Graduate Courses:**

**Death, Dying, and Grieving**, 3.00 credits, Johnson State College, Summer, 2005.

**Counseling Theories**, 3.00 credits, Johnson State College, Fall 2005.

**Lab Experience I**, 3.00 credits, Johnson State College, Fall 2005.

**Counseling in Groups**, 3.00 credits, Johnson State College, Fall 2005.

**Lab Experience II**, 3.00 credits, Johnson State College, Spring 2006.

**Counseling and Addictive Behaviors**, 3.00 credits, Johnson State College, Spring 2006.

**Family Counseling**, 3.00 credits, Johnson State College, Spring 2006.

**Lifespan Development**, 3.00 credits, Johnson State College, Spring 2006.

**Career Counseling**, 3.00 credits, Johnson State College, Summer 2006.

**Practicum in Counseling**, 3.00 credits, Johnson State College, Summer/Fall 2006.

**Legal & Ethical Issues**, 3.00 credits, Johnson State College, Fall, 2006.

**Psychopharmacology** 3.00 credits, Johnson State College, Fall, 2006.

**Psychopathology**, 3.00 credits, Johnson State College, Spring, 2007.

**Social & Cultural Foundations**, 3.00 credits, Johnson State College, Spring, 2007.

**Evaluation & Measurement**, 3.00 credits, Johnson State College, Spring, 2007.

**Research Methods**, 3.00 credits, Johnson State College, Summer, 2007.

**Internship in Counseling**, 9.00 credits, Johnson State College, July 2007- May 2008.

**Internship Seminar**, 3.00 credits, Johnson State College, Fall 2007, Spring, 2008.

**Workshops/Seminars:**

September 10, 2010

*Working With Personality Disorders: Obsessive, Histrionic and Borderline*

David Celani, Ph.D.

Held at Inn at Essex

Essex, VT 05452

October 9-10, 2008

*Loving Couples, Loving Children Facilitator Training.*

Vermont Family Matters

Held at The Stoweflake, Stowe, VT

August 6, 2008

*Understanding and Responding to Sexual Behaviors in Children and Adolescents.*

Prevent Child Abuse Vermont

Held at Azimuth Counseling & Therapeutic Services, Essex Jct. VT

2 Contact Hours

July 30, 2008

*Nurturing Healthy Sexual Development in Children*

Prevent Child Abuse Vermont

Held at Azimuth Counseling & Therapeutic Services, Essex Jct. VT

2 Contact Hours

June 18, 2008

*Plugged In: Technology, the Internet and Child Safety.*

Prevent Child Abuse Vermont

Held at Azimuth Counseling & Therapeutic Services, Essex Jct. VT

2 Contact Hours

September 21, 2007

*When Bad Things Happen to Good Counselors*

William Cote

Ethics Training sponsored by Vermont Addictions Professionals Association & Vermont Alcohol Certification Board.

6 CEUs

March 22, 2007

*Family Support: Coping With Illness and Loss*

Gynecologic Oncology Outpatient Clinic at Fletcher Allen Health Care

Burlington, VT

Oct. 13, 2006

*Treating Distress in Breast Cancer Survivors*

9<sup>th</sup> Annual Breast Cancer and Women's Health Conference, Psychology Track

Rose Coletti, Ph. D. & Joseph M. Patalano, Ph.D.

Sept. 29, 2006

*Understanding Emotion: Creating Healthy Communities*

Dr. Susan Deppe, sponsored by Azimuth Counseling & Therapeutic Services

3 CEUs

### **EXPERIENCE IN PRACTICE OF PSYCHOTHERAPY**

Sept. 2008 – present: employed as psychotherapist at Azimuth Counseling & Therapeutic Services, Essex Jct. VT, Supervisor: Christine Wilkens, LCMHC.

Sept. 2007-May 2008: 800 Hour Internship, Azimuth Counseling & Therapeutic Services, Essex Jct. VT Supervisor: Christine Wilkens, LCMHC, CASAC

Spring and Summer semesters 2007: 200 Hour Practicum, Azimuth Counseling and Therapeutic Services, Essex Jct., VT Supervisor: Christine Wilkens, LCMHC, CASAC

Aug. 21, 2006 - Oct.16, 2006, assisted in Women's Self-esteem group at Azimuth Counseling and Therapeutic Services, Essex Jct., VT

### **SCOPE OF PRACTICE**

- Theoretical Orientation:  
Cognitive-behavioral and client-centered
- Treatment methods  
Identify thought patterns (cognitions) and their underlying beliefs  
Examine, evaluate and reframe thoughts that underlie limiting beliefs  
Motivational Interviewing, strengths based  
Narrative Therapy  
Psychoeducation  
Bibliotherapy
- Areas of special interest:  
Depression, anxiety, grief and loss, bereavement, women's issues

**VERMONT SECRETARY OF STATE  
OFFICE OF PROFESSIONAL REGULATION  
BOARD OF ALLIED MENTAL HEALTH PRACTITIONERS**

**UNPROFESSIONAL CONDUCT FOR NON-LICENSED AND NON-CERTIFIED PSYCHOTHERAPISTS  
TITLE 26, VERMONT STATUTES ANNOTATED, CHAPTER 78, SECTION 4093  
AND TITLE 3 CHAPTER 5 UNPROFESSIONAL CONDUCT**

**§ 4093. UNPROFESSIONAL CONDUCT**

- a) Unprofessional conduct means the following conduct and conduct set forth in section 129a of Title 3:
- 1) Providing fraudulent or deceptive information in an application for entry on the roster.
  - 2) Conviction of a crime that evinces an unfitness to practice psychotherapy.
  - 3) Unauthorized use of a protected title in professional activity.
  - 4) Conduct which evidences moral unfitness to practice psychotherapy.
  - 5) Engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the psychotherapist has had a professional relationship within the previous two years.
  - 6) Harassing, intimidating or abusing a client.
  - 7) Entering into an additional relationship with a client, supervisee, research participant or student that might impair the psychotherapist's objectivity or otherwise interfere with his or her professional obligations.
  - 8) Practicing outside or beyond a psychotherapist's area of training, experience or competence without appropriate supervision.
- b) After hearing, and upon a finding of unprofessional conduct, the board may take disciplinary action against a rostered psychotherapist or an applicant.

*Last amended: 1998 Legislative Session-Effective date: July 1, 1998*

**§ 129a. UNPROFESSIONAL CONDUCT**

- a) In addition to any other provision of law, the following conduct by a licensee constitutes unprofessional conduct. When that conduct is by an applicant or person who later becomes an applicant, it may constitute grounds for denial of a license or other disciplinary action.
- 1) Fraudulent or deceptive procurement or use of a license.
  - 2) Advertising that is intended or has a tendency to deceive.
  - 3) Failing to comply with provisions of federal or state statutes or rules governing the practice of the profession.
  - 4) Failing to comply with an order of the board or violating any term or condition of a license restricted by the board.
  - 5) Practicing the profession when medically or psychologically unfit to do so.
  - 6) Delegating professional responsibilities to a person whom the licensed professional knows, or has reason to know, is not qualified by training, experience, education or licensing credentials to perform them.
  - 7) Willfully making or filing false reports or records in the practice of the profession; willfully impeding or obstructing the proper making or filing of reports or records or willfully failing to file the proper reports or records.
  - 8) Failing to make available promptly to a person using professional health care services, that person's representative, succeeding health care professionals or institutions, upon written request and direction of the person using professional health care services, copies of that person's records in the possession or under the control of the licensed practitioner.
  - 9) Conviction of a crime related to the practice of the profession or conviction of a felony, whether or not related to the practice of the profession.
  - 10) In the course of practice, gross failure to use and exercise on a particular occasion or the failure to use and exercise on repeated occasions that degree of care, skill and proficiency which is commonly exercised by the ordinary skillful, careful and prudent professional engaged in similar practice under the same or similar conditions, whether or not actual injury to a client, patient or customer has occurred.
  - 11) Exercising undue influence on or taking improper advantage of a person using professional services, or promoting the sale of services or goods in a manner which exploits a person for the financial gain of the practitioner or a third party.
- b) The burden of proof in a disciplinary action shall be on the state to show by a preponderance of the evidence that the person has engaged in unprofessional conduct.
- c) After hearing, and upon a finding of unprofessional conduct, a board or an administrative law officer may take disciplinary action against a licensee or applicant.
- d) In the case where a standard of unprofessional conduct as set forth in this section conflicts with a standard set forth in a specific board's statute or rule, the standard that is most protective of the public shall govern.

*Last Amended: 2002 Legislative Session - Effective July 1, 2002*